

MILLENNIUM VOICE

The student newspaper of the Millennium Art Academy Community

“Tell me and I forget, teach me and I remember, involve me and I learn.” Ben Franklin
Herman Guy, Principal

Laura Inman, Advisor

MAA Celebrates Halloween in Style



Celebrating Halloween is a tradition at MAA, and this year was no exception. The costumes were elaborate and creative. Here are just a few: Katniss Everdeen, complete with bow and arrow, “Cleopatra, ballerinas, Spider-Man, Little Red Riding Hood, Wonder Woman, zombies, witches, werewolves, a “cereal killer,” “The Swanze,” and a proud high-school graduate who finally passed Ms. G.’s Government class.

There was a fantastic array of fun Halloween activities: water balloon toss, balloon battle, mummy wrap, face painting, a pie-eating contest with Gummy Worms and whipped cream, a dance-off, and a donut-eating contest, where participants competed to be the first to eat a donut suspended on a string—no use of hands allowed! The most mysterious was the Infection, which was caught when someone handed you the dreaded Infection Ticket. The Infected were marked with a gleaming jewel, but, luckily, this was the only symptom. Turn to page 5 for more photos!

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Fall Fashion

By Franchesca Sanchez

Are you a fashionista like me? Are you having trouble looking for new fall trends? Well, sweater weather has finally arrived and that means it's time to bring back warm clothes and footwear. This includes sweaters, jackets, long sleeves, hats, scarves and boots.

Transitioning to a different season usually means you want to change your style somewhat. Change is good and it's perfectly fine to try something unique or out of the ordinary. If you are looking for some new fall outfits, try looking at the following stores:

- . Forever 21
- . Aeropostale
- . American Eagle
- . H&M
- . Urban Outfitters (Prices are usually high)
- . Hollister
- . Banana Republic
- . Mande

Some of the fall trends in these stores just recently came out, so they can be pretty pricey. You always have other options like waiting for sales or just purchasing the clothes and accessories you want online. Remember that you should always get what you are able to afford.

Fashion to me means expressing your inner self with the outfits you wear to school. Your clothes can say a lot about you. For example, your clothes can say you are well dressed, you present yourself as being professional, or you just want to look casual and comfortable. I interviewed two students and a teacher at Millennium Art Academy who have an eye for fashion and asked for their opinion on Fall Fashion. Justine Rivera said "I LOVE fall colors! This would include dark colors like burgundies, olives, navy and mustard. Any colors that reflect the leaves." I am actually fond of these colors as well for the fall season and I think you should try them out. Another student, Daniel Blake, says that his clothes "scream" that he is different from everyone else. I actually believe that you should be yourself when you wear your clothes.

Ms. Blau, our amazing art teacher at Millennium, loves to mix and match when it comes to her style. She says that her style is "comfortable and fun."



MAA Bids Farewell to Mr. Thomas



On October 17, MAA said farewell to Mr. Joseph Thomas, who has served our school for seven years. Mr. Thomas is soon to begin a training program at the Police Academy in Albany, New York. We wish him all the best in his new career!

Fall Sports

Stevenson Volleyball Team on a Roll

By Carmen Diaz

Stevenson’s girl’s volleyball team is not just a team—they are a family! Girls from all of the campuses in Stevenson come together to join their skills and destroy their rivals. From practice every day from 3:30 pm to 5:00 pm, to games at 4:30 or 5:30, they all put in all their effort and are never judged. I’m on the volleyball team and I can honestly say it’s the best experience ever!

The coach of the team is a hardworking, positive, amazing woman, whom most of you know as Ms. Tieso. She is a very supportive coach. Any of us can always talk to her about anything. From the moment we step foot on that gym floor we are family and we become strong ladies ready to attack!

We support each other and give each other guidance and love because we are more than just a team; we are family and family always supports each other in anything. We always look forward to practice and seeing each other to talk about school and other things. There are a lot of ladies from Millennium Art Academy who are on the team: Lyric Anate, Kimona Allan, Pamela Guerrero, Kayla Marquez, Kristine Medina Guerrero, Mikaela Monegro, Arlyn Rivera, Yulissa Troncoso, and finally me, Carmen Diaz!

Volleyball is an amazing sport and it is a sport anyone can play. Right now we have a record of 7-2 and we are almost finished with the season, sadly. But there will be home games at Millennium, so please come support us and just have fun watching Stevenson destroy!



The Stevenson Volleyball Team

Stevenson Soccer Team Is On Fire!

By Andre Ogando

This year, Stevenson’s soccer team is setting a goal, which is to make it as city champions, and there is nothing that will stop them...

In the last couple of weeks, the Stevenson soccer team has been around different schools playing soccer and showing that they will make history. “We know we came a long way, and we came all the way here to keep on going,” Coach Rick Ouimet said when we asked him how he felt about the team’s journey in this tournament. The team has already played eleven matches of which ten were wins and one was a sad loss against Morris Educational Campus. Even though they’re standing with one defeat, they still take the lead in their group as first place and are aiming to do as well in the playoffs which is only one game away. The Stevenson soccer team is doing much better than the five previous seasons, and are focused on bringing the trophy home, to make history as a part of Stevenson Campus once again since the season back in 2006.

They played against Morris High, South Bronx Preparatory, Jane Adams, Taft, Riverdale, and will be facing other schools throughout the season. The team is aiming for victory and strongly believe they will accomplish this with a lot of hard work and dedication



Indian Fall Festival, Diwali By Diana Roopnaraine

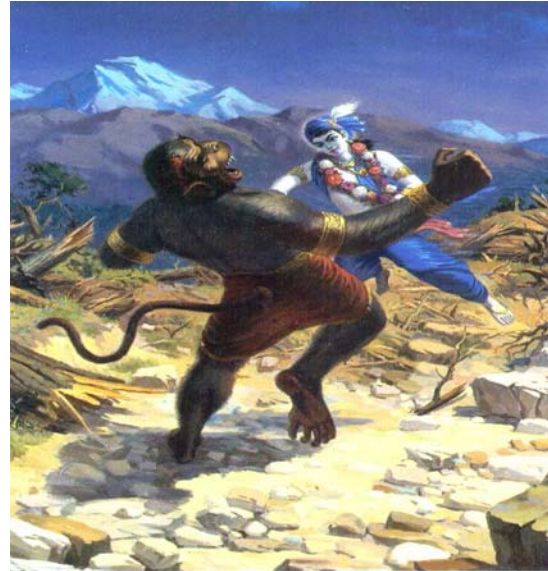


We all love Halloween, but did you know that many other cultures have fall festivals and holidays? The Hindu religion has a fall festival called Diwali, celebrated on October 23. On Diwali, we celebrate the victory of light over darkness, by making Rangoli, which are flowers and dyed rice on a huge piece of paper. We also light small clay lamps (diyas), to symbolize the victory of light over darkness. We also make special sweets, such as Gulab Phirni (recipe below). We go to temple (mandir) to bless Mother Laxshmi for giving us light. We bring vegetarian food to our temple, and buy flags with pictures of Mother Laxshmi. Diwali represents a huge part of my culture and my identity.

Like many holidays, there is a story about this festival. The story is about Lord Rama's long-awaited return after being exiled for 14 years in the forest, to the Kingdom of Ayodhya, where his wife, Sita, cries tears of joy to see her husband to return home. It also symbolizes Lord Krishna's victory over the evil demon (as seen in this picture), named Narakaasura, who had kidnapped the gopis (cow-herd girls) of Vrindavan.

New Student Council Elected

On October 8, Millennium students elected a new student council for this academic year. Congratulations to Emmanuel Preko, President; Dyshaun Heslop, Vice President; Angeline Gomez, Secretary; Luz Candelario, Treasurer; Ashanti Harrell, 9th-10th-grade PBIS; Edcarly Cruz, 11th-12th-grade PBIS.



Lord Krishna slaying the Demon



Diana shares Diwali specialties with the Publications class



Food and Recipes

Jerk Chicken

by Cameron Williams

Have you ever had the chance to try Jamaican food? If not then prepare to change your mind and observe a few Jamaican food recipes.

Ingredients:

- 3 tablespoons dark rum
- 2 tablespoons water
- 1/2 cup malt vinegar
- 10 green onions, chopped
- 4 garlic cloves, peeled, chopped
- 2 tablespoons dried thyme
- 2 Scotch bonnet chilies or habanero chilies with seeds, chopped
- 2 tablespoons vegetable oil
- 4 teaspoons ground allspice
- 4 teaspoons ground ginger
- 4 teaspoons ground cinnamon
- 2 teaspoons ground nutmeg
- 2 teaspoons salt
- 2 teaspoons ground black pepper
- 2 teaspoons dark brown sugar
- 1 cup ketchup
- 3 tablespoons soy sauce
- 2 3- to 3 1/2-pound chickens, halved lengthwise, rinsed, patted dry
- 1/2 cup fresh lime juice

Directions:

Boil rum and 2 tablespoons water in small saucepan for 3 minutes. Transfer rum mixture to blender; add vinegar and next 12 ingredients and blend until almost smooth. Transfer 2 tablespoons jerk seasoning to small bowl; mix in ketchup and soy sauce to make sauce.

Arrange chicken in large roasting pan . Pour lime juice over; turn to coat. Spoon jerk seasoning over chicken and rub in. Bake at 350F for one hour. occasionally. (Can be prepared 1 day ahead. Keep

Diet, Health, and Exercise Tips

By Edcarly Cruz

Known as Millennium Art Academy's health freaks, Dean Fleitman, Ms. Soltero, and Mr. Paterno all agreed on one thing: Poor health from lack of exercise is the number one health issue in the Bronx, based on the increased amount of obesity and diabetes at an early age. They all believe young adults don't often think about long-term health and that's why they make poor eating choices. Young adults often believe they'll be able to fix their mistakes later on when they are older, but it will be too late as the insides of their bodies will be too deeply consumed by the rotten choices they've made in the early years of their life.

Besides the different points of view everyone seems to have on this, it all narrows down to one belief: teenagers need to start worrying more about their health. I as a teenager myself agree to this. It'll be helpful to our overall future if we set half an hour apart from our busy agenda to dance to a couple of our favorite fast-paced songs or if we choose to eat the McDonald's crispy chicken salad instead of the dollar McChicken. A couple more bucks now could mean you'll pay a couple less bucks later when you're older and have to maintain your health. With this in mind, below are some quick tips on how to make healthier choices at fast food restaurants and how to add 30 minutes of exercise to your busy student agenda.

Make smarter choices at fast food restaurants by choosing baked, broiled or grilled chicken over a fried or breaded one. Go easy on the condiments, such as honey mustard, ketchup and mayonnaise. Beware of side order portions such as large greasy but yummy French fries and onion rings. Count the calories; yes, as annoying as it may sound, make sure you keep your calorie intake under 500 per meal, and remember that making the food yourself might be a cheaper and healthier way of satisfying your hunger.

To fit exercise into your super-busy student schedule, stop in the middle of your homework or project and run in place for 5 minutes. Do this continuously until you're done with your assignments and next thing you know you've got 30 minutes of random running down.

Remember, water is your best friend; not only does it regulate your internal body, the more you hydrate yourself the more it reflects on the outside such as healthier skin, nails and hair, and more overall energy.

Poets' Corner

Basketball Sonnet

by Cameron Williams

First things first, prepare to jump for the ball
 Pass the ball to open team mates to score
 Make sure that you know every foul call
 You can do alley oops off the backboard
 Basketball is a fast-paced foreign sport
 Always pass to shooting guards to shoot threes
 Perform ankle breaking moves down the court
 Once you have a streak you can feel the heat
 Once on defense, don't be too aggressive
 You can either play zone or man to man
 Rebounds are offensive or defensive
 With too many fouls you can get banned
 I practice and improve a bit by bit
 Yet joy and happiness I find in it

United

[This is a collaborative poem, written by Talia Delgado, Natasha Gil, Daferlin Matos, Cesar Mayancela, Adelin Muniz, and Rudy Torres]

We are students
 We are freshman, sophomores, and juniors
 We like learning
 we like art, stories, adventure
 We like traveling
 We like Paris, D.R., Mexico and Brazil
 We are friends
 We play basketball, dominos and video games

We are teenagers

We speak Spanish

Que lo que

Dime ave

We speak kichua

Ima tu kungi

We speak English

What's up

Tell me everything

We like dancing

bacahta, dembow, salsa, and merengue

We eat mangu, platanos, pica pollo, and tacos

We celebrate Christmas and El Carnival

We are English language learners

We are in school

We are the people

We can do better

We are the future



Dear Jane Advice Column

By Lexi Reyes

Hey there! Welcome to the “Dear Jane” advice column where we’ll be answering general questions about high school and teenage life.

To begin this year, Ms. Inman and I have agreed to focus the first issue of this portion of the school paper on new students and getting acquainted with new surroundings, so I guess you could call this a sort of “guide” to getting through high school. As the writer of this column, I will try to keep any advice given open to everyone.

Every year, Millennium receives a new class of Freshmen, a few new Sophomores, and the occasional Junior or Senior. Of course, the main focus of schooling is to become EDUCATED. Before you focus on anything else, you’ve got to focus on your grades! As much as other things matter, your education is one of the most important and valuable things you could ever have, and you absolutely can’t let anything stop you from obtaining it. From personal experience, I know that it can be hard to say “no” to hanging with your friends, or thinking “I can finish whatever assignment another time,” but in reality, there’s lots more important than those small things. You can’t let “friends,” or games, media, etc., stop you from doing what YOU have to do because the only person who will support you in your post-school life is you (and you certainly won’t make any cash by hanging out, right?). Without an education, you can’t get a good job; without a good job, you won’t make good money; without money, you won’t be able to support yourself. Hard work and a ton of patience are what will help you out in the end, and if it makes you appear “uncool” in any way, you’ll be super cool when you’re making a nice chunk of change!

Another important thing is beginning to figure out what you’d like to do as a career. Once a year, we have an all-day Career Day, in which people who work certain jobs speak to students about the details of their jobs or schools and how to get started heading in those directions. You can also speak to your grade’s guidance counselor about internships, job programs, and vocational programs in which you can gain experience and knowledge in your desired field. All of these things can help jumpstart your college/professional careers.

With all that said, I think we can all say that an enormous part of high school, and life in general, is FRIENDSHIP! The biggest catch: befriending the right people. We all experience friendship, sometimes with people who are amazing, and sometimes with people

who kind of . . . aren’t.

Making friends, though sometimes difficult, can give your view on high school a complete turn-around. At such an early point in teenage years, it can be easy to attune to the wrong crowd. Anyone being catapulted into such a huge lifestyle change could say so. All folks, large or small, desire a place to fit in, and entering an entirely new place with a chance to reinvent yourself is a huge opportunity. It’s how you decide to go about this that makes a world of difference. Being yourself and being positive can truly make a difference in the people you attract, and being nice or friendly not only makes others feel great, but it makes you feel great, too (being nice doesn’t cost anything!). Making friends, connecting, and “networking” with other people can not only build lifelong relationships, but it can open doors to future opportunities, as well. You never know who you’ll be working for until you work for them, so connections are essential.

Something else, and probably one of the best things to do as a new student, is joining clubs. Our school offers tons of clubs and afterschool activities which offer a great and creative environment where one can easily find people who share common interests and ideas. Seniors like Andre Ogando, who joined the school’s soccer club at the start of the season during his first year, said “The best thing to do is join as many clubs as possible.” Tyler Reyes, a freshman who’s been an avid member of the dance club also agrees that “joining clubs is the easiest way to get to know people.” Joining clubs is the first thing most people recommend doing, and here at Millennium, anyone who is involved in extracurricular activities must carry a conduct sheet, so it’s also a great way to also keep yourself on track and up to date with your grades and/or behavior.

To end this article before it gets even longer, clearly there are plenty of ways you can get to know the school and the people in it. In three short points: focus on your grades, be friendly, and participate in extracurriculars! Good luck to all the new students this year, and I hope it’s a start to a great high school career for you all!

Student Art



Josue Peralta



Edwin Morales



Shailene Sagura

Millennium Voice Staff

Ms. Inman, Advisor

Trevor Allen

Edcarly Cruz

Aiyishia Daugherty

Carmen Diaz

Crystal Miranda

Andre Ogando

Michael Perez

Tavon Peterson

Lexi Reyes

Nahidur Rahman

Diana Roopnaraine

Franchesca Sanchez

Dominique Singleton

Sydne Warren

Cameron Williams

Special thanks to

Ms. Blau

Ms. Leon



Victor Batista



The Dry Earth, Paloma Najera